

VITA

ROBERT J. ACKERMAN, PH.D.

ADDRESS: 48 Kershaw Drive
Bluffton, SC 29910

TELEPHONE: (843) 757-7333-Home Cell (724) 464-9946
Email: Ackerman@auxmail.iup.edu

BIRTH PLACE: Pittsburgh, Pennsylvania

EDUCATION

Schools Attended

Schools Attended	Area	Degree
Western Michigan University	Sociology	Ph.D. 1980
Western Michigan University	Specialty Program Alcohol & Drug Abuse	Specialty Certificate 1977
University of Northern Colorado	Sociology	M.A. 1975
Louisiana State University	Political Science	B.A. 1971

AREAS OF INTEREST

Teaching: Sociological Practice, Family & Human Development, Human Services, Substance Abuse, Child Abuse, Sociology of Education

Research: Human Services Evaluation, Life-Span Resiliency Development, Children of High-Risk Families,

AWARDS

Professor of the Year, University of South Carolina, Beaufort, SC 2014

Outstanding Alumni Academy Award, College of Health and Human Services, Western Michigan University, Kalamazoo, MI., 2011

Father Joseph Martin 2008 Award, Ashley, Havre de Grace, MD., 2008

Special Recognition Award, U.S. Journal Alcohol & Drug Dependence, 2006
Hall of Distinction Award, Louisiana State University, Baton Rouge, LA, 2005.

The Ewart A. Swinyard, Ph.D. Award, University of Utah, School on Alcoholism and Other Drug Dependencies, 2003.

Honored Alumni Award, University of Northern Colorado, Greeley, Colorado, 2002.

Alumni Achievement Award, Delta Tau Delta International Fraternity, Los Angeles, California, 2002

University Professor Award, Indiana University of Pennsylvania, 1999.

Alumni Achievement Award, College of Arts and Sciences, Western Michigan University, 1998.

Ackerman/Black Award, endowed award to be given annually by The National Association for Children of Alcoholics, 1998.

Annual Distinguished Service Award, West Virginia Association of Alcoholism and Drug Abuse Counselors, 1997.

The Clyde & Marie Gooderham Award, University of Utah, 1995.

Annual "Thank You" Award, Gateway Rehabilitation Center, Pittsburgh, PA, 1994.

Appreciation Award, National Association for Children of Alcoholics, 1993.

Distinguished Alumni Award, Western Michigan University, 1990.

Who's Who in Addiction Treatment and Recovery, Wilson, Brown & Co., 1989.

Distinguished Faculty Award for Research, Indiana University of Pennsylvania, 1988.

PUBLICATIONS

Books

Perfect Daughters: Adult Daughters of Alcoholics. Revised edition. Health Communications, Deerfield Beach, FL, 2002, 2012.

A Wife's Little Red Book: Common Sense, Wit and Wisdom for a Better Marriage. Health Communications, Deerfield Beach, FL, 1998.

Before It's Too Late: Help for Women in Controlling or Abusive Relationships. Health Communications, Deerfield Beach, FL, 1995.

A Husband's Little Black Book: Common Sense, Wit and Wisdom for a Better Marriage. Health Communications, Deerfield Beach, FL, 1994.

Silent Sons: A Book for and About Men. Simon & Schuster, New York, NY, 1993.

Too Old To Cry: Abused Teens in Today's America. McGraw-Hill, New York, NY, 1990.

Recovery Resource Guide. Health Communications, Deerfield Beach, FL, 1990.

Perfect Daughters: Adult Daughters of Alcoholics. Health Communications, Deerfield Beach, FL, 1989.

Abused No More: Recovery for Women from Abusive or Co-Dependent Relationships. McGraw-Hill, New York, NY, 1989.

Children of Alcoholics, 2nd Edition. Simon & Schuster, New York, NY, 1987.

Let Go and Grow: Recovery for Adult Children of Alcoholics. Health Communications, Deerfield Beach, FL, 1987.

Same House, Different Home: Why Adult Children of Alcoholics are Not All the Same. Health Communications, Deerfield Beach, FL, 1987.

Children of Alcoholics: Bibliography & Resource Guide, 3rd Edition. Health Communications, Deerfield Beach, FL, 1987.

Children of Alcoholics. Learning Publications, Holmes Beach, FL., 1978

Anthologies

Chicken Soup for the Recovering Soul Daily Inspirations. Health Communications, Deerfield Beach, FL 2006

Chicken Soup for the Recovering Soul. Health Communications, Deerfield Beach, FL. 2005

Growing in the Shadow. Health Communications, Deerfield Beach, FL, 1986. (Editor and contributing author).

Chapters in Books

“The Alcoholic Family” in *Children of Alcoholics: Selected Readings.* National Association for Children of Alcoholics, 2000.

“Co-Dependency and Professionals” in *Professionals and Their Addictions.* Charter Medical Corporation, Macon, GA, 1989.

“Assessing the Impact of Alcoholism on the Family” in *Changing Legacies.* Health Communications, Pompano Beach, FL, 1985.

“Alcoholism and the Family” in *New Perspectives on Alcoholism*. University of Akron Medical School, 1983.

“Socio-Cultural Considerations of Addiction” in *Basic Curriculum for Substance Abuse Counselors*, Office of Substance Abuse Services, Department of Health, Michigan, pp. 1-67, 1979.

Books (consulting editor)

Relapse Prevention Workbook. Dennis Daley, Learning Publications, Inc., Holmes Beach, FL, 1986.

Ceremonial Chemistry. Thomas Szasz, Learning Publications, Inc., Holmes Beach, FL, 1985.

Guide to Recovery. Herbert L. Gravit & Julie Bowden, Simon & Schuster, New York, NY, 1987.

Handbook for Volunteers in Substance Abuse Agencies. Dennis W. Shouse et al., Learning Publications, Inc., Holmes Beach, FL, 1983.

Confrontation in Psychotherapy with the Alcoholic. Gary G. Forrest, Learning Publications, Inc., Holmes Beach, FL, 1983.

Alcoholism: Prevention Curriculum. Physicians’ Assistants Program, Western Michigan University, Michigan, 1980.

Articles/Papers

“I Don’t Want to Do Life Today: Helping Adolescents Save-Face in Counseling” *Counselor*, April, 2015

“Chemical Dependency and the Family: Expanding the Focus” *Counselor*. December, 2007.

“Self-Identified Alcohol Abusers in a Low Security Federal Prison: Characteristics and Treatment Implications” *International Journal of Offender Therapy and Comparative Criminology*, 45(2), 2001, 214-227.

“A Sigh of Belief: Helping Parents to Raise Their Confidence” Monograph, Center for Substance Abuse Treatment, 2000, 2-16.

“Developing Healthy Families” Monograph, Center for Substance Abuse Treatment, 2000, 16-25.

“Working with High Risk Adolescents” Monograph, Center for Substance Abuse Treatment, 2000, 26-33.

"Barriers to Change: Counseling Clients with Stereotype Gender Patterns". *Professional Counselor*, Volume 14, October 1999.

"Dysfunctional Families: Myth, Fact or Somewhere in Between?". *The Counselor*, November/December 1995.

"Appreciating Gender Differences in Recovery". Conference Papers - NAADAC 95, July 1995.

"Dysfunctional Families Doesn't Mean Dysfunctional Men". *The Counselor*, September/October 1994.

"Validation of an ACOA Index" *International Journal of the Addictions*, 28(3) 257-269, 1993.

"Differentiating Adult Children of Alcoholics: The Effects of Background and Treatment on ACOA Symptoms" American Sociological Association Annual Meeting, San Francisco, August 1989 Published in *International Journal of the Addictions*, 26(11), 1159-1172, 1991.

"Research Findings on the National Adult Children of Alcoholics Research Study" American Sociological Association Annual Meeting, Chicago, IL, August 1987.

"Let Go & Grow: A New Motto for Adult Children of Alcoholics" in *Alcoholism and Addiction Magazine*, May/June 1987.

"A New Perspective on Adult Children of Alcoholics" *Employee Assistance Digest*, Jan./Feb. 1987.

"The Family's Response to Addiction" in Focus on Family, *The U.S. Journal of Drug and Alcohol Dependence*, Sept. /Oct. 1986.

Book review of Children of Alcoholism. J. Seixas & G. Youcha, Crown Publishing, New, NY, in *Journal on Alcohol Studies*, Rutgers University, January 1986.

"Alcoholic Parents: Reducing the Impact" in *Focus on Family, The U.S. Journal of Drug and Alcohol Dependence*, Volume 7, No. 1, Jan. /Feb. 1984.

"The Denial of Other Victims" in the *Domino Quarterly Journal*, New York, NY, Spring/Summer 1983.

R. Ackerman and E. Erickson. "Models of Self: Celebrity Relevance for Personal Achievement" at the Michigan Academy of Science, Arts and Letters, University of Michigan, Ann Arbor, MI, March 1982.

R. Ackerman and John A. Vonk. "A Parent's Death, Divorce, or Long Term Institutionalization and Running Away From Home" at the Western Social Science Association, San Diego, CA, April 1981.

E. Erickson, R. Ackerman, and John A. Vonk. "Theories About Running Away From Home: Emerging Interests in the Family" at the above meetings.

R. Ackerman, E. Erickson and J. Vonk. "Breaking Up the Two Parent Family and Youth Running Away From Home" at the Ninth Annual Family Research Conference, Brigham Young University, Provo, UT, October 1980.

R. Ackerman, E. Erickson and J. Vonk. "Research Report: Estimates of Running Away From Home in America" at the Western Social Science Association, Albuquerque, NM, April 1980.

R. Ackerman, R. O'Sullivan and C. Wiedman. "Adult Role Preference for Self and Academic Skills Development Among Adolescent Students", in *The Effects of Schooling and Culture on Disaffiliation and Career Development*, The Center for Educational Studies, Grand Rapids, MI, June 1977.

C. Wiedman, R. Ackerman and R. O'Sullivan. "Importance of Grades to Parents, Peers, Teachers, and the Individual Student" in the above publication.

TV/Films/Video/Web-Cast/Radio

Interview, "Alcoholism and the Family" National Public Radio, NPR, Boston, MA, October 8, 2015

Panelists for "Addiction in the Home: Healing Lives, Families, and Communities" Web-Cast Video, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, Department of Health & Human Services, Rockville, MD., 2005.

Consultant to the movie, "Keeping Secrets". ABC Television, aired September 1991.

Oprah Winfrey Show, Chicago, IL, November 1989.

Today Show, New York, NY, January 1988.

"Trust in Yourself" Commentator and writer, Coronet Films, Simon & Schuster, Chicago, IL, January 1988.

"It Won't Happen To Me" Script Advisor, Coronet Films, Simon & Schuster, Chicago, IL, January 1989.

Children of Alcoholics Feature, CNN, Atlanta, GA, November 1987.

Consultant to the movie "Shattered Spirits". ABC Television, January 1986.

"Adult Children of Alcoholics: Choices in Growth" produced by Alcoholism Counselors Continuing Education Services, Indianapolis, IN, 1985.

"Children of Alcoholics" produced by Learning Publication, Inc., Holmes Beach, FL, 1983.

Audio-Tapes/CDs

"When Someone You Love has a Drinking Problem" Ceridian, 2005

"Strong at the Broken Places: The Art of Healing", Logan Publishing, 2000.

"Working with Resistant Adolescents", Logan Publishing, 2000.

"Reclaiming Joy In Your Life". Logan Publishing, 1994/2007.

"Gender Issues & Personal Growth". Logan Publishing, 1994/2007.

"Silent Men", Logan Publishing, 1993/2007.

"Isolation, Inadequacy, Intimacy--The Three "I's" in Recovery". Logan Publishing, 1991/2007.

"Perfect Daughters". Health Communications, Deerfield Beach, FL, 1990/2007.

"Let Go & Grow". Health Communications, Deerfield Beach, FL, 1989.

Co-dependently Yours: Adult Daughters of Alcoholics". Alcoholism Counselors Continuing Education Services, Indianapolis, IN, 1990/2007.

"Children of Alcoholics & Human Development". Alcoholism Counselors Continuing Education Services, Indianapolis, IN, 1983/1986.

"Adult Children of Alcoholics". Alcoholism Counselors Continuing Education Services, Indianapolis, IN, 1985.

"Abused Children of Alcoholics". Alcoholism Counselors Continuing Education Services, Indianapolis, IN, 1984.

"Adult Children of Alcoholics & Intimacy". Alcoholism Counselors Continuing Education Services, Indianapolis, IN, 1985.

"Behaviors of Adult Children of Alcoholics". Alcoholism Counselors Continuing Education Services, Indianapolis, IN, 1987.

DVDs

“Get Out of My Life: But First Can You Take Me to the Mall? Working with Highly Resistant Adolescents” 2011 Summits, Ben Franklin Institute, Scottsdale, AZ

“Appreciating Gender Differences in Treatment and Recovery from Chemical Dependency” 2011 Summits, Ben Franklin Institute, Scottsdale, AZ

“Eliminating Self-Defeating Behaviors: A Cognitive Behavioral Model” 2012 Summits, Ben Franklin Institute, Scottsdale, AZ

“Perfect Daughters: Adult Daughters of Alcoholics and Other Traumas” 2012 Summits, Ben Franklin Institute, Scottsdale, AZ

POSITIONS IN ORGANIZATIONS

Chair, Editorial Advisory Board, *Counselor-The Magazine for Addiction and Behavioral Health Professionals*, Health Communications, Inc., Deerfield Beach, FL. September 2015 to present.

Editor, *Counselor-The Magazine for Addiction and Behavioral Health Professionals*, Health Communications, Inc. Deerfield Beach, FL 2011 to May 2015

Professor and Program Degree Coordinator, Human Services, University of South Carolina, Beaufort, SC, 2011-2014

Board of Directors, National Association for Children of Alcoholics, 2011

Director, Family Program Development, Renascent, Toronto, Ontario, Canada, 2008-to 2012.

Senior Research Associate, Mid-Atlantic Addiction Research & Training Institute, Indiana University of Pennsylvania, 2011 to present.

Board of Social Services Directors, Holy Family Institute, Pittsburgh, PA., 2008 to 2010

Advisory Board, Recovery Magazine, Santa Monica, CA, 2008 to 2010

American Red Cross, Board of Directors, Indiana, PA 2006-2007

Professor, Sociology Department, Indiana University of Pennsylvania, 1982 to 2010

Director, The Mid-Atlantic Addiction Training Institute, IUP, Indiana, PA, 1988 to 2010

Board of Directors, Foundation for Indiana University of Pennsylvania, 1996 to 2002.

Consultant, The Suzanne Somers Institute, Palm Springs, CA, 1989 to 1999.

Advisory Board, Who's Who in Addiction Treatment and Recovery, Wilson, Brown & Co., 1989 to 1993.

Board of Directors, Alice Paul House, Indiana, PA, 2000-2002.

Editorial Board, Changes Magazine, U.S. Journal of Drug and Alcohol Dependence, Pompano Beach, FL, 1986-1995.

Advisory Board, National Association for Children of Alcoholics, Rockville, MD, 1988 to present.

Professional Advisory Board, The Chemical People Institute, Pittsburgh, PA, 1983-1990

Member, American Sociological Association, 1976 to present.

Contributing Author on Family Research & Intervention, Focus on Family, U.S. Journal of Drug and Alcohol Dependence, Pompano Beach, FL, 1987-88.

Consulting Editor, Alcohol & Drug Studies Division, Learning Publications, Inc., Holmes Beach, FL, 1980-86.

Vice President, National Association for Children of Alcoholics, South Laguna, CA, 1985.

Board of Directors, Parents Anonymous, Indiana County, PA, 1982-85.

National Advisory Board, Physician's Assistants Program in Substance Abuse, 1977-82.

Advisory Board, New Directions, Kalamazoo Alcohol and Drug Abuse Council, Kalamazoo, MI, 1979-82.

Governor's Council, Alcohol and Drug Abuse, State Department of Health, Denver, CO, 1975-76.

MILITARY SERVICE

United States Army, 1971-1976, Honorable Discharge, Rank, Captain
1971-1973 Infantry Officer 1973-1976 Adjutant General Corps, Director,
Department of Psychiatry, Alcohol and Drug Services, Fort Carson, Colorado

ACADEMIC EXPERIENCE

Faculty

Human Services Program

University of South Carolina, Beaufort
Professor: 2011 to present

Sociology Department, Indiana University of Pennsylvania
Professor: 1989 to 2010
Associate Professor: 1985-1988
Assistant Professor: 1982-1985

College of Health & Human Services, Western Michigan University
Adjunct Clinical Professor: Fall 1983 to present

Sociology Department, Western Michigan University
Adjunct Professor: Fall 1980 to August 1982
Instructor: Fall 1979
Graduate Teaching Assistant: 1976-1979

Sociology Department, Hillsdale College
Assistant Professor: Winter 1980-1982

Sociology Department, Kalamazoo College
Visiting Professor: 1980

Counseling & Personnel Department, Western Michigan University
Part-time Faculty: 1978-1980

Sociology Department, University of Colorado
Part-time Faculty: 1975-1976

Courses Taught

Undergraduate:	Principals of Sociology Sociology of Education Clinical Sociology Social Change Sociology of Organizations Social Theory Stratification	The Family Child Abuse Health & Illness Social Problems Deviance Alcohol & Drugs Juvenile Delinquency
Graduate:	Sociology of Human Services Non-profit Management The Family & Addiction School Organization Etiologies of Substance Abuse Social Change	Contemporary Family Problems Addiction Counseling Social Conflict Sociology of Learning

GRANTS

“Building Resiliency in High Risk Elementary Students”. Director of Education and Curriculum, School Personnel Training Grant, Prevention Connection, in conjunction with Bowling Green State University, sponsored by the U.S. Department of Education, Award \$550,000, 1993-1995.

“Innovative Alcohol Abuse Education--Training Program for Educators”. Director of Curriculum with Prevention Connection, in conjunction with Bowling Green State University, U.S. Department of Education, Award \$644,000, 1992-1993.

“International Training Grant on Alcohol and Drug Abuse”. U.S. Journal on Alcohol and Drug Abuse, Award \$25,000, Presented training in Australia and New Zealand, Fall 1990.

“Community Development of Programs for Children of Alcoholics”. Department of Social and Rehabilitation Services, State Department of Health, Vermont, Award \$12,500, Summer 1984.